

FIRST Swim Meeting: Session: 4: COACH evaluation sheet for TEAM: FIRST

Coachinfo: Warming up from: 13:00 until 14:05. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Cools Sandra HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 17: 200M MEDLEY MIXED 10-9					Heat:1, starttime: 14:15
Heat: 1/2 Lane : 3 Athlete: VAN DEN BRULLE EBE					Q-time: 99:99:99
PB (50m pool): 03:57.49 Zwembad Brigitte Becue 26/04/2026 PB (25m pool): 03:50.20 SB: 03:57.49 Zwembad Brigitte Becue 26/04/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:58.18	01:57.43	03:05.59	03:57.49	
	00:58.18	00:59.25	01:08.16	00:51.90	
					

Coach feedback:

Event number: 17: 200M MEDLEY MIXED 10-9					Heat:1, starttime: 14:15
Heat: 1/2 Lane : 4 Athlete: VAN HOECKE OONA					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 03:32.39 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 17: 200M MEDLEY MIXED 10-9					Heat:1, starttime: 14:15
Heat: 1/2 Lane : 5 Athlete: VANDENWEGHE THOMAS					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 03:46.24 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

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Event number: 17: 200M MEDLEY MIXED 10-9					Heat:1, starttime: 14:15
Heat: 1/2 Lane : 6 Athlete: VAN CAENEGEM LARS					Q-time: 99:99:99
PB (50m pool): 03:34.90 Zwembad Brigitte Becue 26/04/2026 PB (25m pool): 03:32.57 SB: 03:34.90 Zwembad Brigitte Becue 26/04/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:48.48	01:44.26	02:47.26	03:34.90	
	00:48.48	00:55.78	01:03.00	00:47.64	
					

Coach feedback:

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:1, starttime: 14:24
Heat: 1/24 Lane : 2 Athlete: LEBON LENNE					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:1, starttime: 14:24
Heat: 1/24 Lane : 4 Athlete: VAN CAENEGEM FIEN					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 02:57.62 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:1, starttime: 14:24
Heat: 1/24 Lane : 6 Athlete: VAN LAETHEM ALEXIS					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 03:22.70 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

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Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:1, starttime: 14:24
Heat: 1/24 Lane : 7 Athlete: QUAST MONA					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:2, starttime: 14:29
Heat: 2/24 Lane : 2 Athlete: VAN DEN BRULLE MANE					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 03:06.78 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:2, starttime: 14:29
Heat: 2/24 Lane : 3 Athlete: VERBUSTEL LORE					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:2, starttime: 14:29
Heat: 2/24 Lane : 5 Athlete: AKMAN REZZAN					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

FIRST Swim Meeting: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:2, starttime: 14:29
Heat: 2/24 Lane : 6 Athlete: ENGHIEEN ROOS					Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:2, starttime: 14:29
Heat: 2/24 Lane : 7 Athlete: UVYN AURÉLIE					Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 02:51.31 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:2, starttime: 14:29
Heat: 2/24 Lane : 8 Athlete: BAEYENS EMKE					Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:3, starttime: 14:33
Heat: 3/24 Lane : 2 Athlete: VERBERT KAAT					Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 02:39.49 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

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Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:3, starttime: 14:33
Heat: 3/24 Lane : 4 Athlete: BAELE NORAH					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 03:10.64 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:4, starttime: 14:37
Heat: 4/24 Lane : 1 Athlete: MINNOYE YAANA					Q-time: 99:99:99
PB (50m pool): 02:34.35 Lago Gent Rozebroeken 05/05/2024 PB (25m pool): 02:31.81 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:34.35	
	no time				
					

Coach feedback:

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:4, starttime: 14:37
Heat: 4/24 Lane : 3 Athlete: BOON MARGOT					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:5, starttime: 14:42
Heat: 5/24 Lane : 5 Athlete: DEPESTELE GITTE					Q-time: 03:10:36
PB (50m pool): 03:10.36 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 02:51.61 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:40.29	01:30.26	02:21.85	03:10.36	
	00:40.29	00:49.97	00:51.59	00:48.51	
					

Coach feedback:

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Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:5, starttime: 14:42
Heat: 5/24 Lane : 7 Athlete: HERREGODS INE					Q-time: 03:13:42
PB (50m pool): 03:13.42 Olympic Pool Wezenberg, Antwer 29/03/25PB (25m pool): 03:12.84 SB: 03:13.42 Olympic Pool Wezenberg, Antwer 29/03/25					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:43.09	01:33.71	02:24.76	03:13.42	
	00:43.09	00:50.62	00:51.05	00:48.66	
					

Coach feedback:

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:6, starttime: 14:46
Heat: 6/24 Lane : 4 Athlete: DE BIE LIZE					Q-time: 03:01:44
PB (50m pool): 03:01.44 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 02:51.10 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:39.90	01:27.00	02:15.97	03:01.44	
	00:39.90	00:47.10	00:48.97	00:45.47	
					

Coach feedback:

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:6, starttime: 14:46
Heat: 6/24 Lane : 5 Athlete: HAMID ROYAH					Q-time: 03:01:83
PB (50m pool): 03:01.83 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 02:56.74 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:39.84	01:25.58	02:14.24	03:01.83	
	00:39.84	00:45.74	00:48.66	00:47.59	
					

Coach feedback:

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:7, starttime: 14:49
Heat: 7/24 Lane : 5 Athlete: BRUNET MAXIME					Q-time: 02:58:13
PB (50m pool): 02:58.13 Olympic Pool Wezenberg, Antwer 29/03/25PB (25m pool): 03:13.76 SB: 02:58.13 Olympic Pool Wezenberg, Antwer 29/03/25					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:40.91	01:27.55	02:13.95	02:58.13	
	00:40.91	00:46.64	00:46.40	00:44.18	
					

Coach feedback:

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Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:8, starttime: 14:52
Heat: 8/24 Lane : 3 Athlete: VAN LOO CHARLOTTE					Q-time: 02:48:94
PB (50m pool): 02:44.16 Lago Gent Rozebroeken 05/05/2024 PB (25m pool): 02:38.83 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:44.16	
	no time				
					

Coach feedback:

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:8, starttime: 14:52
Heat: 8/24 Lane : 4 Athlete: VAN LOO HANNAH					Q-time: 02:48:54
PB (50m pool): 02:48.54 Antwerpen 13/07/2025 PB (25m pool): 02:39.24 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.49	01:22.60	02:06.59	02:48.54	
	00:38.49	00:44.11	00:43.99	00:41.95	
					

Coach feedback:

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:8, starttime: 14:52
Heat: 8/24 Lane : 8 Athlete: BEKAERT SOPHIA					Q-time: 02:55:17
PB (50m pool): 02:55.17 Antwerpen 13/07/2025 PB (25m pool): 02:50.91 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:40.45	01:26.27	02:12.62	02:55.17	
	00:40.45	00:45.82	00:46.35	00:42.55	
					

Coach feedback:

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:9, starttime: 14:56
Heat: 9/24 Lane : 3 Athlete: GERRITSEN VESPER					Q-time: 02:47:14
PB (50m pool): 02:47.14 Sportoase De Watermolen 29/03/2026 PB (25m pool): 02:43.59 SB: 02:47.14 Sportoase De Watermolen 29/03/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.16	01:20.03	02:03.65	02:47.14	
	00:38.16	00:41.87	00:43.62	00:43.49	
					

Coach feedback:

FIRST Swim Meeting: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:9, starttime: 14:56
Heat: 9/24 Lane : 6 Athlete: SUY NORA					Q-time: 02:47:47
PB (50m pool): 02:47.47 Olympic Pool Wezenberg, Antwer 29/03/2025					PB (25m pool): 02:53.52 SB: 02:47.47 Olympic Pool Wezenberg, Antwer 29/03/2025
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.58	01:22.31	02:06.53	02:47.47	
	00:38.58	00:43.73	00:44.22	00:40.94	
					

Coach feedback:

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:10, starttime: 14:59
Heat: 10/24 Lane : 1 Athlete: DE WEVER LAURA					Q-time: 02:45:77
PB (50m pool): 02:45.77 Antwerpen 13/07/2025					PB (25m pool): 02:38.75 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:39.02	01:21.69	02:04.66	02:45.77	
	00:39.02	00:42.67	00:42.97	00:41.11	
					

Coach feedback:

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:10, starttime: 14:59
Heat: 10/24 Lane : 4 Athlete: DAEM HANNELISE					Q-time: 02:42:86
PB (50m pool): 02:42.86 Antwerpen 13/07/2025					PB (25m pool): 02:43.22 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:37.67	01:19.79	02:02.86	02:42.86	
	00:37.67	00:42.12	00:43.07	00:40.00	
					

Coach feedback:

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:10, starttime: 14:59
Heat: 10/24 Lane : 6 Athlete: NGABO ANNABELLE					Q-time: 02:43:39
PB (50m pool): 02:43.39 Sportoase De Watermolen 29/03/2026					PB (25m pool): 02:51.86 SB: 02:43.39 Sportoase De Watermolen 29/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:19.93	02:02.63	02:43.39	
	no time		00:42.70	00:40.76	
					

Coach feedback:

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Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:11, starttime: 15:02
Heat: 11/24 Lane : 8 Athlete: DE BOCK AUDE					Q-time: 02:42:83
PB (50m pool): 02:42.83 Antwerpen 13/07/2025					PB (25m pool): 02:43.31 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.88	01:19.25	02:00.64	02:42.83	
	00:36.88	00:42.37	00:41.39	00:42.19	
					

Coach feedback:

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:12, starttime: 15:05
Heat: 12/24 Lane : 4 Athlete: DE GRIEVE ONA					Q-time: 02:38:59
PB (50m pool): 02:38.59 Antwerpen 13/07/2025					PB (25m pool): 02:38.75 SB: 02:42.84 Sportoase De Watermolen 29/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.63	01:16.31	01:57.40	02:38.59	
	00:36.63	00:39.68	00:41.09	00:41.19	
					

Coach feedback:

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:12, starttime: 15:05
Heat: 12/24 Lane : 5 Athlete: DE SMAELE KENZA					Q-time: 02:38:80
PB (50m pool): 02:35.83 Lago Gent Rozebroeken 05/05/2024					PB (25m pool): 02:31.88 SB: 02:39.25 Lochristi 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:35.83	
	no time				
					

Coach feedback:

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:12, starttime: 15:05
Heat: 12/24 Lane : 8 Athlete: DEGRANDE AN					Q-time: 02:40:31
PB (50m pool): 02:40.31 Antwerpen 13/07/2025					PB (25m pool): 02:31.06 SB: 02:40.93 Sportoase De Watermolen 29/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.54	01:17.91	02:01.51	02:40.31	
	00:36.54	00:41.37	00:43.60	00:38.80	
					

Coach feedback:

FIRST Swim Meeting: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:13, starttime: 15:08
Heat: 13/24 Lane : 3 Athlete: RUTTEN LEONIE					Q-time: 02:35:89
PB (50m pool): 02:35.89 Sportoase De Watermolen 29/03/2026 PB (25m pool): 02:38.93 SB: 02:35.89 Sportoase De Watermolen 29/03/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.06	01:15.79	01:56.46	02:35.89	
	00:36.06	00:39.73	00:40.67	00:39.43	
					

Coach feedback:

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:13, starttime: 15:08
Heat: 13/24 Lane : 5 Athlete: VANCAYZEELE MARGAUX					Q-time: 02:35:68
PB (50m pool): 02:35.68 Sportoase De Watermolen 29/03/2026 PB (25m pool): 02:39.30 SB: 02:35.68 Sportoase De Watermolen 29/03/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.18	01:15.10	01:56.03	02:35.68	
	00:35.18	00:39.92	00:40.93	00:39.65	
					

Coach feedback:

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:13, starttime: 15:08
Heat: 13/24 Lane : 6 Athlete: BOGAERT HANNE					Q-time: 02:35:93
PB (50m pool): 02:35.93 Gent 08/02/2026 PB (25m pool): 02:28.93 SB: 02:35.93 Gent 08/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:14.47	no time	02:35.93	
	no time				
					

Coach feedback:

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:13, starttime: 15:08
Heat: 13/24 Lane : 7 Athlete: VAN GHELUE RINSKE					Q-time: 02:36:92
PB (50m pool): 02:32.98 Antwerpen 19/04/2026 PB (25m pool): 02:32.43 SB: 02:32.98 Antwerpen 19/04/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.54	01:15.35	01:55.33	02:32.98	
	00:35.54	00:39.81	00:39.98	00:37.65	
					

Coach feedback:

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Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:13, starttime: 15:08
Heat: 13/24 Lane : 8 Athlete: DE BACKER SOPHIE					Q-time: 02:37:17
PB (50m pool): 02:37.17 Lochristi 01/02/2026					PB (25m pool): 02:33.57 SB: 02:37.17 Lochristi 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:16.85	no time	02:37.17	
	no time				
					

Coach feedback:

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:14, starttime: 15:11
Heat: 14/24 Lane : 2 Athlete: CANTRé EMILIE					Q-time: 02:34:78
PB (50m pool): 02:34.78 Antwerpen 13/07/2025					PB (25m pool): 02:28.84 SB: 02:40.25 Lochristi 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.54	01:14.80	01:54.94	02:34.78	
	00:35.54	00:39.26	00:40.14	00:39.84	
					

Coach feedback:

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:14, starttime: 15:11
Heat: 14/24 Lane : 6 Athlete: MENU NINA					Q-time: 02:34:55
PB (50m pool): 02:34.55 Antwerpen 13/07/2025					PB (25m pool): 02:29.83 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.98	01:14.80	01:54.85	02:34.55	
	00:34.98	00:39.82	00:40.05	00:39.70	
					

Coach feedback:

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:15, starttime: 15:14
Heat: 15/24 Lane : 2 Athlete: NEIRINCK ANNELIES					Q-time: 02:32:49
PB (50m pool): 02:32.49 Lago Gent Rozebroeken 04/05/2025					PB (25m pool): 02:28.78 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.73	01:13.04	01:52.72	02:32.49	
	00:34.73	00:38.31	00:39.68	00:39.77	
					

Coach feedback:

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Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:15, starttime: 15:14
Heat: 15/24 Lane : 3 Athlete: STORME IEME					Q-time: 02:31:47
PB (50m pool): 02:31.47 Antwerpen 13/07/2025					PB (25m pool): 02:32.59 SB: 02:33.57 Lochristi 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.51	01:13.21	01:52.90	02:31.47	
	00:34.51	00:38.70	00:39.69	00:38.57	
					

Coach feedback:

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:16, starttime: 15:17
Heat: 16/24 Lane : 6 Athlete: STORME JADE					Q-time: 02:30:21
PB (50m pool): 02:29.98 Antwerpen 14/07/2024					PB (25m pool): 02:26.09 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:29.98	
	no time				
					

Coach feedback:

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:16, starttime: 15:17
Heat: 16/24 Lane : 8 Athlete: VAN BRABANDT MILA					Q-time: 02:30:54
PB (50m pool): 02:30.54 Sportoase De Watermolen 29/03/2026					PB (25m pool): 02:32.89 SB: 02:30.54 Sportoase De Watermolen 29/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.65	01:14.37	01:53.95	02:30.54	
	00:34.65	00:39.72	00:39.58	00:36.59	
					

Coach feedback:

Event number: 18: 200M FREESTYLE WOMEN 11+					Heat:18, starttime: 15:23
Heat: 18/24 Lane : 1 Athlete: BEULENS LOTTE					Q-time: 02:27:43
PB (50m pool): 02:27.43 Lochristi 01/02/2026					PB (25m pool): 02:27.31 SB: 02:27.43 Lochristi 01/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:10.54	no time	02:27.43	
	no time				
					

Coach feedback:

FIRST Swim Meeting: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 19: 100M BACKSTROKE MIXED 10-9			Heat:2, starttime: 15:45
Heat: 2/2 Lane : 1 Athlete: VAN DEN BRULLE EBE			Q-time: 01:49:97
PB (50m pool): 01:49.97 Gent 08/02/2026			PB (25m pool): no time SB: 01:49.97 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:52.95	01:49.97	
	00:52.95	00:57.02	
			

Coach feedback:

Event number: 19: 100M BACKSTROKE MIXED 10-9			Heat:2, starttime: 15:45
Heat: 2/2 Lane : 3 Athlete: VAN CAENEGEM LARS			Q-time: 01:45:64
PB (50m pool): 01:45.64 Gent 08/02/2026			PB (25m pool): no time SB: 01:45.64 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	no time	01:45.64	
	no time		
			

Coach feedback:

Event number: 19: 100M BACKSTROKE MIXED 10-9			Heat:2, starttime: 15:45
Heat: 2/2 Lane : 4 Athlete: VAN HOECKE OONA			Q-time: 01:42:03
PB (50m pool): 01:42.03 Gent 08/02/2026			PB (25m pool): no time SB: 01:42.03 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:48.97	01:42.03	
	00:48.97	00:53.06	
			

Coach feedback:

Event number: 19: 100M BACKSTROKE MIXED 10-9			Heat:2, starttime: 15:45
Heat: 2/2 Lane : 7 Athlete: VANDENWEGHE THOMAS			Q-time: 01:47:37
PB (50m pool): 01:47.37 Gent 08/02/2026			PB (25m pool): 01:44.29 SB: 01:47.37 Gent 08/02/2026
	5 0 M	1 0 0 M	
PB	00:55.53	01:47.37	
	00:55.53	00:51.84	
			

Coach feedback:

FIRST Swim Meeting: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:1, starttime: 15:48
Heat: 1/19 Lane : 3 Athlete: DE BIE DAAN					Q-time: 99:99:99
PB (50m pool): 03:11.72 Lago Gent Rozebroeken 05/05/2024 PB (25m pool): 03:19.24 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:11.72	
	no time				
					

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:2, starttime: 15:53
Heat: 2/19 Lane : 5 Athlete: DE VEERMAN ILAN					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 03:50.06 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:2, starttime: 15:53
Heat: 2/19 Lane : 7 Athlete: MILLET NOAH					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 03:35.66 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:4, starttime: 16:03
Heat: 4/19 Lane : 2 Athlete: MATAIGNE MICHEL					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 03:31.09 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

FIRST Swim Meeting: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:4, starttime: 16:03
Heat: 4/19 Lane : 3 Athlete: DE KEIJSER RAF					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 03:44.14 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:4, starttime: 16:03
Heat: 4/19 Lane : 4 Athlete: LIEVENS TIEBE					Q-time: 99:99:99
PB (50m pool): 03:03.34 Antwerpen 21/07/2024 PB (25m pool): 02:53.94 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:03.34	
	no time				
					

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:4, starttime: 16:03
Heat: 4/19 Lane : 5 Athlete: VAN DE MOERE SAMI					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:4, starttime: 16:03
Heat: 4/19 Lane : 8 Athlete: DE KEIJSER STAF					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

FIRST Swim Meeting: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:5, starttime: 16:07
Heat: 5/19 Lane : 1 Athlete: VERHEYDEN VINZ					Q-time: 99:99:99
PB (50m pool): 02:46.11 Lago Gent Rozebroeken 05/05/2024 PB (25m pool): 02:33.04 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:46.11	
	no time				
					

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:5, starttime: 16:07
Heat: 5/19 Lane : 2 Athlete: MARGUTTI MAURO					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 03:46.98 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:6, starttime: 16:12
Heat: 6/19 Lane : 1 Athlete: VANNIEUWENHUYSE LOïC					Q-time: 99:99:99
PB (50m pool): 03:04.50 Antwerpen 21/07/2024 PB (25m pool): 02:58.29 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	03:04.50	
	no time				
					

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:6, starttime: 16:12
Heat: 6/19 Lane : 2 Athlete: UVYN MAXIM					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 03:34.95 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

FIRST Swim Meeting: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:6, starttime: 16:12
Heat: 6/19 Lane : 3 Athlete: TRIEST JULES					Q-time: 04:14:61
PB (50m pool): 04:14.61 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 04:21.67 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:57.94	02:02.83	03:10.54	04:14.61	
	00:57.94	01:04.89	01:07.71	01:04.07	
					

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:6, starttime: 16:12
Heat: 6/19 Lane : 5 Athlete: TIMMERMANS THEO					Q-time: 04:10:79
PB (50m pool): 04:10.79 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 04:19.76 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:56.99	02:02.39	03:06.07	04:10.79	
	00:56.99	01:05.40	01:03.68	01:04.72	
					

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:6, starttime: 16:12
Heat: 6/19 Lane : 6 Athlete: VERMEIR CAS					Q-time: 04:27:98
PB (50m pool): 04:27.98 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	01:02.07	02:10.50	03:18.87	04:27.98	
	01:02.07	01:08.43	01:08.37	01:09.11	
					

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:7, starttime: 16:17
Heat: 7/19 Lane : 1 Athlete: DE CRAENE NATHEN					Q-time: 03:55:27
PB (50m pool): 03:55.27 Olympic Pool Wezenberg, Antwer 29/03/2025 PB (25m pool): no time SB: 03:55.27 Olympic Pool Wezenberg, Antwer 29/03/2025					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:49.52	01:47.52	02:52.17	03:55.27	
	00:49.52	00:58.00	01:04.65	01:03.10	
					

Coach feedback:

FIRST Swim Meeting: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:7, starttime: 16:17
Heat: 7/19 Lane : 3 Athlete: ACKE MANU					Q-time: 03:49:03
PB (50m pool): 03:49.03 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 03:19.59 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:52.99	01:52.49	02:53.31	03:49.03	
	00:52.99	00:59.50	01:00.82	00:55.72	
					

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:7, starttime: 16:17
Heat: 7/19 Lane : 4 Athlete: DAEM JOPPE					Q-time: 03:46:08
PB (50m pool): 03:46.08 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): 03:30.61 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:52.77	01:50.99	02:49.87	03:46.08	
	00:52.77	00:58.22	00:58.88	00:56.21	
					

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:7, starttime: 16:17
Heat: 7/19 Lane : 6 Athlete: VAN KERKHOVE JORICK					Q-time: 03:52:36
PB (50m pool): 03:52.36 Sportoase De Watermolen 29/03/2026 PB (25m pool): 03:47.32 SB: 03:52.36 Sportoase De Watermolen 29/03/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:51.84	01:51.18	02:52.48	03:52.36	
	00:51.84	00:59.34	01:01.30	00:59.88	
					

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:7, starttime: 16:17
Heat: 7/19 Lane : 7 Athlete: COESSENS KOBE					Q-time: 03:54:63
PB (50m pool): 03:54.63 Olympic Pool Wezenberg, Antwer 29/03/2026 PB (25m pool): 04:05.04 SB: 03:54.63 Olympic Pool Wezenberg, Antwer 29/03/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:54.50	01:55.39	02:56.13	03:54.63	
	00:54.50	01:00.89	01:00.74	00:58.50	
					

Coach feedback:

FIRST Swim Meeting: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:8, starttime: 16:22
Heat: 8/19 Lane : 4 Athlete: STEVENS GERBEN					Q-time: 03:31:74
PB (50m pool): 03:31.74 Antwerpen 13/07/2025					PB (25m pool): 03:23.91 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:48.34	01:43.73	02:37.99	03:31.74	
	00:48.34	00:55.39	00:54.26	00:53.75	
					

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:8, starttime: 16:22
Heat: 8/19 Lane : 5 Athlete: TRIEST LOUIS					Q-time: 03:31:84
PB (50m pool): 03:31.84 Antwerpen 13/07/2025					PB (25m pool): 03:47.96 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:46.74	01:40.46	02:36.70	03:31.84	
	00:46.74	00:53.72	00:56.24	00:55.14	
					

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:9, starttime: 16:26
Heat: 9/19 Lane : 1 Athlete: DE WEVER ARTHUR					Q-time: 03:30:72
PB (50m pool): 03:30.72 Lago Gent Rozebroeken 04/05/2025					PB (25m pool): 03:16.50 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:48.88	01:42.52	02:38.03	03:30.72	
	00:48.88	00:53.64	00:55.51	00:52.69	
					

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:9, starttime: 16:26
Heat: 9/19 Lane : 8 Athlete: MILLET LUCAS					Q-time: 03:31:66
PB (50m pool): 03:31.66 Lago Gent Rozebroeken 04/05/2025					PB (25m pool): no time SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:46.26	01:39.24	02:36.80	03:31.66	
	00:46.26	00:52.98	00:57.56	00:54.86	
					

Coach feedback:

FIRST Swim Meeting: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:10, starttime: 16:30
Heat: 10/19 Lane : 6 Athlete: HOSTE LARS					Q-time: 03:20:03
PB (50m pool): 03:20.03 Gent 08/02/2026					PB (25m pool): 03:52.21 SB: 03:20.03 Gent 08/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:45.02	01:36.68	02:29.17	03:20.03	
	00:45.02	00:51.66	00:52.49	00:50.86	
					

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:11, starttime: 16:34
Heat: 11/19 Lane : 1 Athlete: DE PAUW JULES					Q-time: 03:12:17
PB (50m pool): 03:12.17 Antwerpen 13/07/2025					PB (25m pool): 03:07.67 SB: 03:14.76 Sportoase De Watermolen 29/03/2025
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:43.06	01:32.99	02:23.30	03:12.17	
	00:43.06	00:49.93	00:50.31	00:48.87	
					

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:12, starttime: 16:37
Heat: 12/19 Lane : 7 Athlete: GERRITSEN BRUNO					Q-time: 03:06:05
PB (50m pool): 03:06.05 Gent 08/02/2026					PB (25m pool): 03:02.08 SB: 03:06.05 Gent 08/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:42.63	01:30.85	02:19.30	03:06.05	
	00:42.63	00:48.22	00:48.45	00:46.75	
					

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:13, starttime: 16:41
Heat: 13/19 Lane : 2 Athlete: STEVENS JAAN					Q-time: 03:02:74
PB (50m pool): 03:02.74 Lago Gent Rozebroeken 04/05/2025					PB (25m pool): 02:48.91 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:40.51	01:26.75	02:15.49	03:02.74	
	00:40.51	00:46.24	00:48.74	00:47.25	
					

Coach feedback:

FIRST Swim Meeting: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:13, starttime: 16:41
Heat: 13/19 Lane : 4 Athlete: TIMMERMANS JULES					Q-time: 02:58:97
PB (50m pool): 02:56.38 ANTWERPEN 23/07/2023 PB (25m pool): 02:46.28 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:56.38	
	no time				
					

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:13, starttime: 16:41
Heat: 13/19 Lane : 6 Athlete: BECK STANN					Q-time: 03:02:68
PB (50m pool): 03:02.68 Lochristi 01/02/2026 PB (25m pool): 03:03.48 SB: 03:02.68 Lochristi 01/02/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:30.75	no time	03:02.68	
	no time				
					

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:16, starttime: 16:51
Heat: 16/19 Lane : 3 Athlete: VANCAYZEELE THIBAU					Q-time: 02:48:59
PB (50m pool): 02:48.59 Antwerpen 13/07/2025 PB (25m pool): 02:41.44 SB: 02:51.41 Sportoase De Watermolen 29/03/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.83	01:19.82	02:04.68	02:48.59	
	00:36.83	00:42.99	00:44.86	00:43.91	
					

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:16, starttime: 16:51
Heat: 16/19 Lane : 8 Athlete: DE CRAENE MATTHIS					Q-time: 02:51:08
PB (50m pool): 02:51.08 Sportoase De Watermolen 29/03/2026 PB (25m pool): 02:46.70 SB: 02:51.08 Sportoase De Watermolen 29/03/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:38.98	01:24.19	02:09.43	02:51.08	
	00:38.98	00:45.21	00:45.24	00:41.65	
					

Coach feedback:

FIRST Swim Meeting: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:17, starttime: 16:54
Heat: 17/19 Lane : 2 Athlete: VAN RAEMDONCK CAMU					Q-time: 02:46:35
PB (50m pool): 02:46.35 Gent 08/02/2026					PB (25m pool): 02:37.02 SB: 02:46.35 Gent 08/02/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:37.03	01:19.56	02:02.73	02:46.35	
	00:37.03	00:42.53	00:43.17	00:43.62	
					

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:18, starttime: 16:57
Heat: 18/19 Lane : 3 Athlete: SLOS ROBBIE					Q-time: 02:37:55
PB (50m pool): 02:37.55 Antwerpen 22/03/2026					PB (25m pool): 02:29.67 SB: 02:37.55 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.59	01:15.38	01:56.56	02:37.55	
	00:35.59	00:39.79	00:41.18	00:40.99	
					

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:18, starttime: 16:57
Heat: 18/19 Lane : 6 Athlete: VAN TRICHT FINN					Q-time: 02:37:69
PB (50m pool): 02:36.20 Antwerpen 21/07/2024					PB (25m pool): 02:32.15 SB: 02:37.69 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:36.20	
	no time				
					

Coach feedback:

Event number: 20: 200M BREASTSTROKE MEN 11+					Heat:19, starttime: 17:01
Heat: 19/19 Lane : 1 Athlete: DE SMAELE KEYON					Q-time: 02:30:36
PB (50m pool): 02:26.36 Antwerpen 28/07/2024					PB (25m pool): 02:23.84 SB: no time
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	02:26.36	
	no time				
					

Coach feedback:

FIRST Swim Meeting: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 21: 200M BUTTERFLY WOMEN 11+					Heat:1, starttime: 17:04
Heat: 1/4 Lane : 3 Athlete: DE SMAELE KENZA					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): 03:08.84 SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 21: 200M BUTTERFLY WOMEN 11+					Heat:1, starttime: 17:04
Heat: 1/4 Lane : 4 Athlete: STORME IEME					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 21: 200M BUTTERFLY WOMEN 11+					Heat:1, starttime: 17:04
Heat: 1/4 Lane : 5 Athlete: BEULENS LOTTE					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 21: 200M BUTTERFLY WOMEN 11+					Heat:2, starttime: 17:08
Heat: 2/4 Lane : 4 Athlete: BOGAERT HANNE					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

FIRST Swim Meeting: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 21: 200M BUTTERFLY WOMEN 11+					Heat:2, starttime: 17:08
Heat: 2/4 Lane : 5 Athlete: CANTRÉ EMILIE					Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 21: 200M BUTTERFLY WOMEN 11+					Heat:3, starttime: 17:11
Heat: 3/4 Lane : 3 Athlete: STORME JADE					Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 21: 200M BUTTERFLY WOMEN 11+					Heat:3, starttime: 17:11
Heat: 3/4 Lane : 6 Athlete: VERBERT KAAT					Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 03:01.65 SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 21: 200M BUTTERFLY WOMEN 11+					Heat:3, starttime: 17:11
Heat: 3/4 Lane : 8 Athlete: DE BACKER SOPHIE					Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): no time SB: no time		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

FIRST Swim Meeting: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 22: 200M BUTTERFLY MEN 11+					Heat:1, starttime: 17:19
Heat: 1/6 Lane : 3 Athlete: BECK STANN					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 22: 200M BUTTERFLY MEN 11+					Heat:1, starttime: 17:19
Heat: 1/6 Lane : 5 Athlete: UVYN MAXIM					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 22: 200M BUTTERFLY MEN 11+					Heat:2, starttime: 17:23
Heat: 2/6 Lane : 2 Athlete: MINNOYE TIEBE					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 22: 200M BUTTERFLY MEN 11+					Heat:2, starttime: 17:23
Heat: 2/6 Lane : 3 Athlete: DAEM JOPPE					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

FIRST Swim Meeting: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 22: 200M BUTTERFLY MEN 11+					Heat:2, starttime: 17:23
Heat: 2/6 Lane : 5 Athlete: LIEVENS TIEBE					Q-time: 99:99:99
PB (50m pool): no time		PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 22: 200M BUTTERFLY MEN 11+					Heat:2, starttime: 17:23
Heat: 2/6 Lane : 6 Athlete: DEGRANDE LARS					Q-time: 99:99:99
PB (50m pool): no time		PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 22: 200M BUTTERFLY MEN 11+					Heat:3, starttime: 17:26
Heat: 3/6 Lane : 1 Athlete: CASTEUR NICOLAS					Q-time: 99:99:99
PB (50m pool): no time		PB (25m pool): no time SB: no time			
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 22: 200M BUTTERFLY MEN 11+					Heat:3, starttime: 17:26
Heat: 3/6 Lane : 2 Athlete: VAN RAEMDONCK CAMU					Q-time: 99:99:99
PB (50m pool): no time		PB (25m pool): 02:48.27 SB: no time			
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

FIRST Swim Meeting: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 22: 200M BUTTERFLY MEN 11+					Heat:3, starttime: 17:26
Heat: 3/6 Lane : 3 Athlete: VAN TRICHT FINN					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 22: 200M BUTTERFLY MEN 11+					Heat:3, starttime: 17:26
Heat: 3/6 Lane : 6 Athlete: DE CHAMPS LOïc					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 22: 200M BUTTERFLY MEN 11+					Heat:3, starttime: 17:26
Heat: 3/6 Lane : 8 Athlete: DE SMAELE KEYON					Q-time: 99:99:99
PB (50m pool): no time PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	no time	no time	no time	
	no time				
					

Coach feedback:

Event number: 22: 200M BUTTERFLY MEN 11+					Heat:4, starttime: 17:30
Heat: 4/6 Lane : 2 Athlete: VANNIEUWENHUYSE LOïc					Q-time: 02:53:67
PB (50m pool): 02:53.67 Lago Gent Rozebroeken 04/05/2025 PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.31	01:20.10	02:07.18	02:53.67	
	00:36.31	00:43.79	00:47.08	00:46.49	
					

Coach feedback:

FIRST Swim Meeting: Session: 4: COACH evaluation sheet for TEAM: FIRST

Event number: 22: 200M BUTTERFLY MEN 11+					Heat:5, starttime: 17:34
Heat: 5/6 Lane : 1 Athlete: DE BIE DAAN					Q-time: 02:34:61
PB (50m pool): 02:34.61 Antwerpen 08/03/2026			PB (25m pool): 02:33.92 SB: 02:34.61 Antwerpen 08/03/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.39	01:13.83	01:53.37	02:34.61	
	00:34.39	00:39.44	00:39.54	00:41.24	
					

Coach feedback:

Event number: 22: 200M BUTTERFLY MEN 11+					Heat:5, starttime: 17:34
Heat: 5/6 Lane : 7 Athlete: CASTEUR ALEXANDER					Q-time: 02:34:34
PB (50m pool): 02:34.34 Sportoase De Watermolen 29/03/2026			PB (25m pool): 02:40.54 SB: 02:34.34 Sportoase De Watermolen 29/03/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.83	01:11.54	01:52.69	02:34.34	
	00:32.83	00:38.71	00:41.15	00:41.65	
					

Coach feedback:

Event number: 22: 200M BUTTERFLY MEN 11+					Heat:5, starttime: 17:34
Heat: 5/6 Lane : 8 Athlete: BEERNAERT DAAN					Q-time: 02:35:04
PB (50m pool): 02:28.74 Antwerpen 19/04/2026			PB (25m pool): 02:27.60 SB: 02:28.74 Antwerpen 19/04/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.25	01:08.10	01:47.25	02:28.74	
	00:31.25	00:36.85	00:39.15	00:41.49	
					

Coach feedback:

Event number: 22: 200M BUTTERFLY MEN 11+					Heat:6, starttime: 17:37
Heat: 6/6 Lane : 2 Athlete: VERHEYDEN VINZ					Q-time: 02:21:82
PB (50m pool): 02:21.82 Antwerpen 22/03/2026			PB (25m pool): 02:24.71 SB: 02:21.82 Antwerpen 22/03/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:31.44	01:07.96	01:44.45	02:21.82	
	00:31.44	00:36.52	00:36.49	00:37.37	
					

Coach feedback: